

## **Linda Cohen Programs**

### **VIRTUAL - Kindness During Chaotic Times: Business Lessons from a Virtual New World**

How do we navigate a completely unknown territory?

We've been thrown into a virtual reality that has us struggling to see through the discomfort into what's coming next. With the continued stress associated with the COVID-19 pandemic as well as a divisive public discourse on many sensitive issues, including a hotly debated election people are struggling with a sense of overwhelm.

How are you going to help your employees feel engaged, empowered, even motivated while we move through these next several months of uncertainty?

During this virtual webinar we'll discuss Adaptability, Communication, Recognition and Radical Self Care as key kindness strategies. We'll focus not on what we CAN'T do right now but what we CAN still DO.

Part Inspiration. Part Motivation. You'll walk away with new ideas to step up and take action and thrive through these unusual times!

#### **Takeaways:**

1. Recognize why cultivating a culture of kindness in a workplace is imperative: Reputation, Recruitment, Retention.
2. Evaluate how your organization is currently doing with your own kindness strategies.
3. Identify several kindness ideas to implement in the workplace.