

Linda Cohen Programs

Choose Kindness

Format: **45-60 Minute Keynote**

This program is perfect for:

- Healthcare professionals
- Education professionals
- Houses of worship
- Faith based organizations
- Women's groups

The audience will:

- Laugh and cry
- Identify specific ways to elevate kindness through intentional engagement in acts of kindness.
- Formulate ideas for their own actions to implement immediately.

As the kindness catalyst for more than a decade, Cohen has offered this program to a wide variety of organizations and it always gets to the heart of what's important to human beings. Belonging, connection and authenticity. If you are looking for an inspirational speaker to connect with people at a deep level this is the program to choose.